

## FUEL FOR THE JOURNEY – Week 6

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1 Timothy 4:7-8

1. How would you define kindness? The Greek word for kindness, “*chrestotes*”, means *the genuine desire of a believer to treat others gently, in contrast to being harsh*. In what ways have you experienced the Holy Spirit growing this fruit in your own life? Explain. [Colossians 3:12; Ephesians 2:8 TLB; Galatians 5:16, 22-25; Matthew 7:12; Titus 3:4; Luke 7:37-50]

Name a special time when you sensed the kind, tender-hearted, nurturing spirit of God in your life.

2. The Bible uses the word good or goodness 619 times. In the Greek [*agathosune*], it means you will have such *a disposition to do good to others, even to the point of rebuking or correcting others, to cause good in others* -- as Jesus did the scribes and Pharisees. Using this definition of goodness, how would you like to see this fruit of the Spirit expressed more effectively in your daily life? [Galatians 6:12; Ephesians 2:10; 3 John 11; Titus 3:14]

How do kindness and goodness relate to each other? [2 Timothy 3:16-17; Titus 3:4-8]

3. One spiritual discipline that helps us grow in kindness and goodness is fellowship. Read Romans 12:5 and 10. What would it look like for you and for those whom you fellowship with to practically live that out?
4. Describe the closest friendship you have ever had ... and what made that friendship special. Who do you talk to about your spiritual life?

In groups of two to four people, draw two columns on a piece of paper. Column One: “*Characteristics of a Spiritual Friend.*” Column Two: “*Characteristics of Myself as a Friend.*” Now fill the columns with your observations. What did you learn about fellowship and spiritual friendship? ... about yourself? [Hebrews 10:24-25; Philippians 2:3-4; Colossians 3:13-14; Ephesians 5:11; James 5:16]

**Turn page over for Question 5**

5. How does the practice of stewardship reveal what is truly in your heart?

How does the knowledge that all you have (time, money, heart) belongs to God affect your life?

Briefly review the study notes and read Energy Pack Cards 34 and 39. How does practicing stewardship enhance your efficiency and effectiveness in serving God in your daily life?

How does the way you were raised as a child affect your practice of stewardship today?

What legacy are you passing on to others?